## EVOLUTION OF CLINICAL TRIALS

Prof. Dr. Hamdi Akan Ankara University Faculty of Medicine Department of Hematology Clinical Trials Unit Clinical Research Association

## **Two Pathways of Evolution**



## **Two Pathways of Evolution**



#### **Evolution of Human Subjects Research and Guidelines**

Table. Evolution c	f Human Sub	jects Research an	d Guidelines
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Year	Event
932-1972	Tuskegee Syphilis Study
939-1944	Experiments on concentration camp prisoners by Nazi scientists
944-1974	Secret human radiation experiments
946-1948	Guatemalan STD inoculation studies
947	Nuremburg Code
950	NIH Clinical Center requires informed consent for its studies
953-1954	Sing Sing Prison syphilis inoculation study
956-1972	Hepatitis studies at Willowbrook State School for the Retarded
960	NIH Clinical Center requires independent ethical review for its studies
962	Kefauver-Harris drug amendments
963	Jewish Hospital cancer study
964	World Medical Association Declaration of Helsinki
966	US Surgeon General policy statement on human subjects research (IRB origin)
971	NIH Office for Protection from Research Risks established
974-1978	National Commission for the Protection of Human Subjects
974	HHS regulations for human subjects research
975	CDC Office of Human Research Protections established
978-1983	President's Commission for the Study of Ethical Problems
979	Belmont Report released
981	HHS 45 CFR 46 and Food and Drug Administration 21 CFR 50. 56 regulations published
985	NIH Clinical Center Bioethics Program founded
991	45 CFR 46 (Common Rule) adopted
993	CIOMS guidelines released
994	Presidential apology for secret radiation experiments
995	World Health Organization Guidelines for Good Clinical Practice
996-2001	National Bioethics Advisory Commission
996	Department of Bioethics established at NIH Clinical Center
997	Presidential apology for Tuskegee
998	NIH support for bioethics training and research expanded
999	NIH support for international research and ethics training
000	World Health Organization operational guidelines for ethics committees
001-2009	President's Council on Bioethics
002	Secretary's Advisory Committee on Human Research Protections
005	UNESCO Universal Declaration on Bioethics and Human Rights
009	Executive order to create Presidential Commission for the Study of Bioethical Issues
001-2009 002 005 009	President's Council on Bioethics Secretary's Advisory Committee on Human Research Protections UNESCO Universal Declaration on Bioethics and Human Executive order to create Presidential Commission for the of Bioethical Issues

Abbreviations: CDC, Centers for Disease Control and Prevention; CFR, Code of Federal Regulations; CIONS, Council for International Organizations of Medical Sciences; HHS, Department of Health & Human Services; IHB, institutional review board; NH, National Institutes of Health; STD, sexually transmitted disease; UNESCO, United Nations Educational, Scientific and Cultural Organization.

Frieden, T. R. et al. JAMA 2010;0:jama.2010.1554v1-2.

## HELSINKI





#### World Medical Association Declaration of Helsinki

Ethical Principles for Medical Research Involving Human Subjects

October 2008





INTERNATIONAL CONFERENCE ON HARMONISATION OF TECHNICAL REQUIREMENTS FOR REGISTRATION OF PHARMACEUTICALS FOR HUMAN USE

ICH HARMONISED TRIPARTITE GUIDELINE

GUIDELINE FOR GOOD CLINICAL PRACTICE E6(R1)









## **JAMES LIND (1716-1794)**



#### 1740

Commodore George Anson led a squadron of eight ships on a mission for Spain's Pacific possessions.

#### Returned to Britain in 1744











### 1537 - An unintended clinical trial by surgeon Ambroise Pare



## 1863 - First controlled clinical study by Austin Flint

Rheumatism (13 pts) Herbal Remedy (placeboic remedy)

> Established Treatment

## 1943 - The First Double blind Controlled Trial Patulin for Common Cold



## **1948 - First Randomized Clinical Trial**

#### II. WORLD WAR



The Medical Department of the United States Army in the World War. Communicable and Other Diseases. Washington: U. S. Government Printing Office, 1928, vol. IX, pp. 171-202.



- The first randomized trial was published in BMJ in 1948.
- The trial was about the use of Streptomycin in soldiers with TB.
- The aim of the randomization was not scientific. Very few Streptomycin, but a lot of TB cases.

MRC Streptomycin in Tuberculosis Trials Committee. Streptomycin treatment of pulmonary tuberculosis. BMJ. 1948;2:769–83.







## WHY?

WHY DO WE NEED TO MODIFY THIS?

- TIME & COST
- EMERGING DISEASES
- ORPHAN DISEASES
- PERSONALIZED MEDICINE



## COST

## The cost of a new drug approval in USA 500.000.000 – 1.000.000.000 USD.



#### LARGE SCALE DRUG DISCOVERY PRECLINICAL **CLINICAL TRIALS** EMA REVIEW MANUFACTURING PHASE 4 POST-MARKETING SURVEILLANCE PHASE 2 PHASE 3 ONE IMPD SUBMITTED MAA SUBMITTED PRE DISCOVERY 1000 EMA APPROVED DRUG 5,000 -10,000 trac COMPOUNDS COMPOUNDS COMPOUNDS £406m £189m £29m £90m £165m £192m NUMBER OF VOLUNTEERS 1,000-5,000 100-500 20-100 3-6 YEARS 6-7 YEARS 1YEAR

>12 YEARS

#### Table I. Changes in Clinical Trials: Resources, Length, and Participation

Function	1999	2005	Percent Change
Median procedures per trial protocol (e.g., blood work, routine exams, x-rays, etc.)	96	158	65%
Average clinical trial staff work burden, work-effort units	21	35	67%
Average length of clinical trial, days	460	780	70%
Clinical trial participant enrollment rate (% of volunteers meeting trial criteria)	75%	59%	-21%
Clinical trial participant retention rate (% of participants completing trial)	69%	48%	-30%
Source: Tufts Center for the Study of Drug Development,	Impact Report 10, No	. 1 (2008)	







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#### **NIH accelerates clinical trials of Ebola vaccines**

#### November / December 2014 | Volume 13, Issue 6

Full November / December 2014 Global Health Matters newsletter [PDF <1M]</p>

The NIH is helping guide two front-runner Ebola vaccine candidates through early-stage human trials and, barring safety or immunity problems, may have the vaccines ready for advanced testing in African and other volunteers as early as December, according to NIH officials.

Researchers at the National Institute of Allergy and Infectious Diseases (NIAID) are evaluating a vaccine developed by Canadian scientists, called VSV-ZEBOV, for safety and its ability to generate an immune system response in healthy adults who are given two intramuscular doses. The Walter Reed Army Institute of Research is simultaneously testing the vaccine candidate as a single dose at its Clinical Trials Center in Silver Spring, Maryland.



Photo by Morgana Wingai

## HOW?

#### METHODOLOGY





## FDA EXPEDITED REVIEW

- Accelerated Approval
- Priority Review
- Fast Track
- Breakthrough Therapy

A drug candidate that addresses a serious condition and which may offer a meaningful advantage over available therapies. Uses a surrogate endpoint.

Designed for a very serious condition, the trials have been completed with an significant improvement. Review time is reduced from 10 months down to 6 months.

For drug candidates intended to treat a serious condition and that demonstrated in non-clinical studies the potential to address an unmet medical need.

A drug candidate that is intended to treat a serious condition and, also has preliminary clinical evidence to suggest it may be a substantial improvement over available therapies.

All of these programs are aimed at serious and life-threatening diseases.

## HOW?

CHANGING THE METHODOLOGY

METHODOLOGY

- **1. USING DIFFERENT/SURROGATE END POINT/S**
- 2. DEVELOPING NEW BIOMARKERS
- **3. BASKET/UMBRELLA TRIALS**
- **4. ADAPTIVE DESIGN**
- 5. REAL LIFE DATA (BIG DATA)

## SURROGATE END POINT VERSUS CLINICAL END POINT

#### Surrogate end-point:

indicators of a change in the disease that are likely to predict a clinical benefit

• provide an estimate of how well a drug will treat a disease or condition

#### 28 MAY 2001







Results from prospective trials suggest that imatinib therapy can be successfully discontinued in CML patients with deep and sustained molecular responses (Lancet Oncology 2010;11:1029, Blood 2013;122:515)

## VALIDATION of SURROGATE ENDPOINTS



#### One-third of cancer drugs approved in the recent years come to market one the basis of improvement in overall survival, while two-thirds are approved based on a a surrogate endpoint.

Mailankody S, Prasad V. Overall Survival in Cancer Drug Trials as a New Surrogate End Point for Overall Survival in the Real World. JAMA Oncol. 2017;3(7):889-890.

 Not only targeted therapies but also traditional diseases benefit form surrogate endpoints:

#### **Diabetes Mellitus and HbA1c**

## **NEW BIOMARKERS**

#### NEW BIOMARKER

Surrogate endpoint

show activity or causality in a disease

Targeted Therapy/Personalized Medicine

predict the population that will be most likely to benefit from a drug

### FINDING THE APPROPRIATE BIOMARKER

Consequtive testing strategy: First find the drug, then the biomarker



## **Biomarkers in Clinical Research - 1**

Biomarker as a stratification parameter



## **Biomarkers in Clinical Research - 2**

Biomarker as a randomization strategy



## **Biomarkers in Clinical Research - 3**

Biomarker as a target



#### Nilotinib + Pegylated Interferon Alpha 2a for Untreated Chronic Phase Chronic Myelogenous Leukemia (NILOPEG)

#### Primary Outcome Measures:

Cumulative incidence of <u>complete molecular remissions</u> after 12 months of treatment with nilotinib + Pegylated Interferon (PEG-IFN)
[Time Frame: 24 months] [Designated as safety issue: Yes]

#### Hyper CVAD Plus Ofatumumab in CD - 20 Positive Acute Lymphoblastic Leukemia (ALL)

Inclusion Criteria:

- Patients of all ages with newly diagnosed, previously untreated <u>CD-20+ ALL</u>, or lymphoblastic lymphoma, Burkitt Leukemia/Lymphoma or having achieved CR with one course of induction chemotherapy.
- 2. Failure to one induction course of chemotherapy (these patients will be analyzed separately).
- 3. Performance status of 0, 1, or 2.

## **EVENT DRIVEN TRIALS**

- The endpoint is not the DURATION of the study but an EVENT
- The power of the study depends on the observed EVENTS
- Early termination or prolongation of a study is possible

#### NOT

#### "This study will terminate on February 2019" BUT

"This study will terminate after the observation of 120 EVENTS"

## **UMBRELLA TRIALS**

## **BASKET TRIALS**

#### **UMBRELLA TRIAL/MASTER TRIAL**



One or more common mutations Small number of patients for every mutation

All patients with the diagnosis in the trial

Check for the mutations

Give targeted therapy appropriate for each mutation

Any success in Phase II directly proceeds to Phase III in the same patients

Clin Cancer Res. 2015 Apr 1;21(7):1514-24. doi: 10.1158/1078-0432.CCR-13-3473. Epub 2015 Feb 13.

## SINGLE DIAGNOSIS MULTIPLE MUTATIONS Lung Master Protocol (Lung-MAP)-A Biomarker-Driven Protocol for Acceleration Development of Therapies for Squamous Cell Lung Cancer: SWOG S1400.

Herbst RS<sup>1</sup>, Gandara DR<sup>2</sup>, Hirsch FR<sup>3</sup>, Redman MW<sup>4</sup>, LeBlanc M<sup>4</sup>, Mack PC<sup>2</sup>, Schwartz LH<sup>5</sup>, Vokes E<sup>6</sup>, Ramalingam SS<sup>7</sup>, Bras. JD<sup>8</sup>, Sparks D<sup>9</sup>, Zhou Y<sup>10</sup>, Miwa C<sup>9</sup>, Miller VA<sup>11</sup>, Yelensky R<sup>11</sup>, Li Y<sup>11</sup>, Allen JD<sup>12</sup>, Sigal EV<sup>12</sup>, Wholley D<sup>13</sup>, Sigman CC<sup>14</sup>, Blumenthal GM<sup>15</sup>, Malik S<sup>16</sup>, Kelloff GJ<sup>17</sup>, Abrams JS<sup>18</sup>, Blanke CD<sup>19</sup>, Papadimitrakopoulou VA<sup>20</sup>.

#### Author information

#### Abstract

The Lung Master Protocol (Lung-MAP, S1400) is a groundbreaking clinical trial designed to advance the efficient development of targeted therapies for squamous cell carcinoma (SCC) of the lung. There are no approved targeted therapies specific to advanced lung SCC, although The Cancer Genome Atlas project and similar studies have detected a significant number of somatic gene mutations/amplifications in lung SCC, some of which are targetable by investigational agents. However, the frequency of these changes is low (5%-20%), making recruitment and study conduct challenging in the traditional clinical trial setting. Here, we describe our approach to development of a biomarker-driven phase II/II multisubstudy "Master Protocol," using a common platform (next-generation DNA sequencing) to identify actionable molecular abnormalities, followed by randomization to the relevant targeted therapy versus standard of care.

## ALL IN A BASKET

## **BASKET TRIALS**

## DIFFERENT DIAGNOSES SAME MUTATION/S

DIFFERENT TREATMENT FOR EVERY SINGLE MUTATION

#### NCI-MATCH: Targeted Therapy Directed by Genetic Testing in Treating Patients With Advanced Refractory Solid Tumors or Lymphomas

Condition	Intervention	Phase
Advanced Malignant Neoplasm	Drug: Afatinib	Phase 2
Lymphoma	Drug: Akt inhibitor AZD5363	
Refractory Malignant Neoplasm	Drug: Binimetinib	
Solid Neoplasm	Drug: Crizotinib	
	Other: Cytology Specimen Collection Procedure	
.5	Drug: Dabrafenib	
	Drug: Dasatinib	
	Drug: Defactinib	
	Drug: FGFR Inhibitor AZD4547	
SE	Other: Laboratory Biomarker Analysis	
CNU 15	Biological: Nivolumab	
AS AN	Drug: Osimertinib	
× On TIO.	Drug: Palbociclib	
AN KP	Drug: PI3K-beta Inhibitor GSK2636771	
MD	Drug: Sunitinib Malate	
NE	Drug: Taselisib	
	Drug: Trametinib	
	Biological: Trastuzumab Emtansine	
	Drug: Vismodegib	

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#### ORIGINAL REPORT

sCLC), small-cell lung cancer, and

ation of oncogenic drivers. Patients were

ed with standard-of-care therapies or one of the

groups: erlotinib for EGFR mutations; selumetinib for

#### Molecular Profiling and Targeted Therapy for Advanced Thoracic Malignancies: A Biomarker-Derived, Multiarm, Multihistology Phase II Basket Trial

Ariel Lopez-Chavez, Anish Thomas, Arun Rajan, Mark Raffeld, Betsy Morrow, Ronan Kelly, SURROGATE BIOMARKERS Corey Allan Carter, Udayan Guha, Keith Killian, Christopher C. Lau, Zied Abdullaev, Ligiang Xi, Svetlana Pack, Paul S. Meltzer, Christopher L. Corless, Alan Sandler, Carol Beadling, Andrea W David J. Liewehr, Seth M. Steinberg, Arlene Berman, Austin Doyle, Eva Szabo, Yisong W and Giuseppe Giaccone

A B S

See accompanying editorial on page 975

#### Purpose

Arel Lopez-Chavez, Anish Thomas, Arun

Raan, Mark Raffeld, Bensy Morrow, Ronan

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National Cancer Institute; Austin Doyle,

Cancer Therapy Evaluation Program. Bethesda, MD; Ariel Lopez-Chavez, Chris-

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Beading, and Andrea Warrick, Knight

Cancer Institute, Oregon Health and

Science University, Portland, OR; Ariel

Lopez-Chevez, Svivester Comprehensive Cancer Center, University of Marni, Marni,

FL; and Yisong Wang and Giuseppe Geo-

cone, Lomberdi Comprehensive Cancer

Center, Georgetown University, Washing-

Published online ahead of print at

www.jco.org.on February 9, 2015.

Support information appears at the end

A1.-C and AT, contributed equally to

Clinical trial information: NCT01306045

Terms in blue are defined in the glos-

sary, found at the end of this article

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of this article.

this work.

We conducted a basket clini independently evaluate the aberrations in multiple histolog

#### Patients and Methods

We enrolled patients with advance thymic malignancies who underwer enrolled onto a not-otherwise-specifi following five biomarker-matched treat KRAS, NRAS, HRAS, or BRAF mutations; MK2206 for PIK3CA, AKT, or PTEN mutations; lapatinib for

#### Results

Six hundred forty-seven patients were enrolled, and 88% had their tumors tested for at least one gene. EGFR mutation frequency was 22.1% in NSCLC, and erlotinib achieved a response rate of 60% (95% CI, 32.3% to 83.7%). KRAS mutation frequency was 24.9% in NSCLC, and selumetinib failed to achieve its primary end point, with a response rate of 11% (95% Cl, 0% to 48%). Completion of accrual to all other arms was not feasible. In NSCLC, patients with EGFR mutations had the longest median survival (3.51 years; 95% CI, 2.89 to 5.5 years), followed by those with ALK rearrangements (2.94 years; 95% Cl, 1.66 to 4.61 years), those with KRAS mutations (2.3 years; 95% CI, 2.3 to 2.17 years), those with other genetic abnormalities (2.17 years; 95% CI, 1.3 to 2.74 years), and those without an actionable mutation (1.85 years; 95% Cl, 1.61 to 2.13 years).

ERBB2 mutations or amplifications; and sunitinib for KIT or PDGFRA mutations or amplification.

#### Conclusion

This basket trial design was not feasible for many of the arms with rare mutations, but it allowed the study of the genetics of less common malignancies.

Non-small cell Lung ca Small-cell Lung ca **Thymic malignancies** 

#### NCI-MPACT

Treatment for one of the 5 different biomarkers **Erlotinib** – EGFR Selumetinib – KRAS, NRAS.. MK2206 - PIK3CA, AKT.. Lapatinic – ERBb2 Sunitinib – KIT, PRGFRA

DIFFERENT TUMORS Standart care therapy

## **ADAPTIVE DESIGN**

### or

## learning while walking

## Modification of one or more specified aspects of the study design and hypotheses based on analysis of data <u>during</u> the study

Revisions Based on Information From a Study External Source is not an adaptive design

## **ADAPTIVE DESIGN**

- Define the timepoints
- Fully blinded or unblinded analysis
- Plan revisions and adaptations after the analysis



Study eligibility Randomization procedure Treatment regimens Sample size (early termination) Data collection timepoints Primary endpoint Secondary endpoints Analytic methodology

## PROBLEMS

• Adaptation leading to a false conclusion that the treatment is effective – Type I error



## THE LANCET Global Health Blog

Evaluating Ebola interventions: adaptive designs should be commonplace



## **ENRICHEMENT STRATEGIES**

Prospective use of any patient characteristic to select a study population in which detection of a drug effect) is more likely than it would be in an unselected population.

**Selection:** 

- demographic,
- pathophysiologic,
- historical,
- genetic or proteomic,
- clinical,
- psychological characteristics

## CARDIOVASCULAR DISEASE

Severe cardiovascular disease (2 or more coronary artery occlusion)

- Large study population
- Moderate or slight effect

Severity of the illness + other factors that can indicate increased risk:

- history of recent myocardial infarction or stroke;
- the presence of concomitant illness such as diabetes, hypertension, or hyperlipidemia;
- very high LDL cholesterol, low HDL cholesterol and high C-reactive protein (CRP)

- Small study population

- Distinctive effect

considerably reduces the sample size (the enalapril and statin trials)



- 1. USING DIFFERENT/SURROGATE END POINT/S
- 2. DEVELOPING NEW BIOMARKERS
- **3. PUTTING ALL IN A BASKET**
- 4. ADAPTIVE DESIGN
- **5. ENRICHEMENT STRATEGIES**

### 6. REAL LIFE DATA (BIG DATA)

## **REFLECTING REAL LIFE**

Mega – Trials: Clinical Research conducted on more than 10.000 participants

- HIGH BUDGET
- LONG TERM
- NEEDS DETAILED ORGANISATION
- NEW APPROACHES SUCH AS VIRTUAL or RISK BASED MONITORIZATION

Really reflects real life?

## **REAL LIFE DATA – BIG DATA**

- Data Base: Cross-sectional and horizontal data
- Surveys of patients and society: Data for epidemiologic studies
- Patient monitorisation records: For studies involving patient care
- Observations from cohort studies: The main data for real life studies
- **Pragmatic clinical research:** Clinical research mimicking real life: debatable
- **Disease registries:** Continuous recording and evaluation of specific indications in specific center/centers

## PROBLEMS

• Lack of resources/data (countries and data)

Low sensitivity
 – Ambigious diagnosis and outcome

- Missing data
- Confounding and Bias

## **TECHNOLOGICAL EVOLUTION**





1990

Interactive Response Technology (IRT)

2000

#### ISOLATED SYSTEMS

Clinical Trial Management Systems (CTMS), Electronic Clinical Outcomes Assessments (eCOA)

#### **INTEGRATED SYSTEMS**

Single sign-on (SSO) Risk-based monitoring (RBM) Patient Engagement eSource Wearable devices Electronic drug accountability



#### ANKARA ÜNİVERSİTESİ TIP FAKÜLTESİ HEMATOLOJİ KLİNİK ARAŞTIRMALAR BİRİMİ



Şu anda Clinicaltrials.gov'da 2 7 4 4 1 6 adet çalışma yer almaktadır.

	Anasayfa 🛛 Mesajlar	🗆 Raporlar 🛛 Ayarlar 🗖 Çıkış
ANASAYFA KULLANICI YÖNETIMI	Kullanıcılar   Firma Çalışanları (0)   Firmalar     Kullanıcılarınızı Yönetin   Firma Çalışanlarını Yönetin   Firma Yönetimi	Klinik Araştırmalar
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KLINIK ARAŞTIRMALAR	Randevu Takvimi Merkez Onayı Bekleyen Randevular Randevu Yönetimi	Koordinatör Yönetimi
BEKLEYEN RANDEVULA	Demirbaş Takibi Doküman Yönetimi Arşiv	
RANDEVULAR	Demirbaş Yönetimi Dokūman Yönetimi Arşiv Yönetimi	
RANDEVU TAKVIMI		
SAHA KOORDINATÕRLERI		
DEMIRBAŞ TAKIBI		

## **INTERNET OF THINGS**









Applications of wearables in the fitness and clinical research context (Source: **Biotaware**)







Richer data sets



Improve protocol compliance



Greater flexibility with user inputs



Connect all stakeholders



Real time study tracking



Patient & caregiver engagement



Simple, virtual, visit less trials



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Reduced cost Shorter development times



Medication

adherence











Identify new diseasePersonalised treatment, Remote & continuosFasterphenotypesenhanced safetymonitoringenrolments

https://knect365.com/clinical-trials-innovation/article/f3ebedd3-1d69-4d42-bf70-d0f8d44f7c24/internet-of-things-clinical-trials-challenges-opportunities

## **THANKS FOR LISTENING**